

BODY TREATMENTS

The Back-cial (Deluxe Facial for your Back), 50 mins \$159

This is the facial for your back..

Is your back feeling forgotten, dry or itchy, needing some attention?

Your back is the focus in this treatment. Includes a deep cleanse, exfoliation using Pure Fiji body glow sugar scrub enriched with nourishing oils, removed with hot towels and a Pure Fiji Nourishing Oil treatment to finish. *Why not add an LED treatment?*

Anti-Ageing Nourishing Guava Body Wrap, 75 mins \$299

We begin this deeply nourishing treatment with a warm coconut oil raw sugar cane scrub to invigorate and regenerate. Then you will savour the anti-ageing Guava masque. The anti-ageing botanical blend is enriched with Guava fruit, high in Vitamin C which boosts Collagen production, toning the skin while hydrating, nourishing and leaving a healthy glow. As the treatment continues, your body will be cocooned in warm gold leafed foil. Feeling soothed and relaxed as the wrap beings toning the skin and enjoy a stress-relieving facial.

Harmony Spa Ritual, 60 mins \$159

Indulge in a rejuvenating escape with this luxurious experience.

Beginning with a full-body massage, let your tension melt away as skilled hands employ a symphony of soothing strokes and calming aromatherapy, leaving you in a state of total tranquillity. Embrace this perfect fusion of relaxation and renewal, all designed to elevate your senses and restore your inner harmony. Followed by a facial, where your skin is gently cleansed, exfoliated, and nourished using the finest botanicals to reveal a radiant, youthful glow. *Perfect for expectant mums.*

Coconut Lime blossom Peptide body treatment, 75 mins, \$299

Pure Fiji's Skin Renewal Peptide treatment encapsulates the best of both worlds - an indulgent and immersive experience and long lasting results in the form of hydrated and radiant skin. This treatment features a full-body deep exfoliation, a nourishing lotion massage as well as a scalp oil treatment. This ritual loosens the bonds between the surface layer of skin cells for a deeper exfoliation, dead skin cells are polished away, new skin is nourished with high-quality formulations and results are locked in with a spritz of Coconut Lime Blossom Hydrosol.

The SOMA Ritual Massage

45 mins \$89 / 60 mins \$105 / 90 mins \$159

Swedish relaxation massage, using nourishing oils to soothe aches and pains and instill a feeling of calmness.

Why not add a back exfoliation treatment or Pure Fiji exotic oil nourishing scalp treatment? \$25

FACIALS

Skincare Consultation, 15 mins \$55 (redeemable with products)

Confused about skincare?

This time is used to answer any of your questions and to better help your skin care goals and develop a treatment plan

1NEED PRO PARAMEDICAL NEEDLING TREATMENTS

(Packages available - please enquire)

1Need Pro Nano Peel with 1Need Profacials

Image Skincare Signature Peel, 45 mins \$249

This treatment is the one to have if you like Microdermabrasion. Nano needling is a non-invasive skin treatment delivery system designed to rejuvenate your skin. For more information on Painless Needling please visit our website or call the salon.

1Need Pro Microneedling with Hyaluronic Acid, 50 mins \$285

This is a safe and minimally invasive procedure designed to stimulate the production of new collagen and elastin.

Dubbed as one of the worlds best skin treatments.

1Need Pro Micropricking, Image Skincare Hyaluronic Acid, 45 mins \$269

Target fine lines and wrinkles with precision. Banish age spots, sun spots and pigmentation with this targeted treatment.

First Time Facial (for the newbies), 55 mins \$170

Perhaps you are new to SOMA Health & Beauty or new to the world of facials. It is recommended that all new guests start with this facial so we can get to know your skin a little better. During this time we will go through the guest consultation form, work out your skin needs, and the best facial to suit you. We can mix and match aspects from all our facials. If needed, you will be given a skin care plan which is tailored to you! This is the perfect time to ask all the skin, skincare and skin health questions you may have. Needling Packages available, please enquire.

ORGANIC SPA FACIALS

Balance & Repair, 50 mins \$169

calming, purify, detoxify

This high potency Kaolin clay mask with green tea promotes cell detoxification and promotes cell renewal whilst leaving skin nourished, smoother and brighter.

Age Vita-renewal, 50 mins \$159

stimulate, rejuvenate, regenerate

This active rejuvenating facial uses a high concentration of Vitamin C & E to help firm, strengthen and repair skin tissue. Antioxidants will restore skin radiance & reducing the visible signs of ageing

Bio-Hydra Moisture Infusion, 30 mins \$149 / 50 mins \$169

soothe, hydrate, replenish

A hydrating and moisture-locking treatment, high in hyaluronic acid which will replenish thirsty skin, illuminate the complexion and combat dehydration

AHA Refine & Glow, 30 mins \$120 / 50 mins \$169

exfoliate, stimulate, brighten

This bio-active treatment is designed to revitalise, refine, brighten & decongest the skin using a 13% Pineapple and Papaya Alpha Hydroxy Acid Peel.

Lactic & Enzyme Resurfacing Peel, 30 mins \$165

refine, resurface, rejuvenate

The lactic and enzyme compound combines pure lactic powder with enzyme rich and potent organic dehydrated fruit powders, to deliver a powerful active boost to our existing AHA rejuvenate peel. This is the most intensive organic spa facial with 20% lactic and 14% AHA which will leave the skin soft and smooth increasing cellular turnover and resurfacing top layers of skin while improving hydration.

IMAGE SKINCARE FACIALS

Image Skincare Oxygenating O2 Lift Peel, 35 mins \$159

luminous, refreshed, rejuvenated

The Oxygenating O2 Lift Peel delivers an instant, visible boost to invigorate the skin and give it a gorgeous glow. This luxurious skin care treatment infuses oxygen, plant-derived stem cells, peptides and a high concentration of enzymatic botanicals into the skin.

Image Skincare Signature Peel, 35 mins \$149

This revolutionary signature face lift combines Vitamin C, Alpha-Hydroxy Acids and gentle but highly effective enzymes to speed up cellular renewal and brighten, tighten and lighten your skin.

Image Skincare Wrinkle Lift, \$159

A deep resurfacing peel using a combination of retinol and glycolic acid.

This peel has deeply restorative properties to turn back the clock on ageing skin as well as improving the tone and texture of skin.

Suitable for ageing skin, lack of elasticity or resurfacing pigmented or scarred skin.

Dermaplaning

A skin rejuvenation treatment that treats fine lines, wrinkles, pigmentation and is a deep exfoliation treatment that also eliminates vellus hair (peach fuzz)

Dermaplaning & bespoke hydrating mask \$159

Dermaplaning & LED \$170

Dermaplaning \$125

Add on Gua Sha Massage to any Facial \$20

HANDS & FEET

Express Mani, no polish, 25 mins	\$55
Express Mani, with regular polish, 30 mins	\$65
BIAB Manicure and rebalance	\$87
BIAB Manicure (first time client)	\$90
Gel Polish Manicure	\$65
Gel Polish Manicure and refill	\$76
Gel Polish Removal and Express Tidy	\$50
Hard Nail Enhancement Removal	\$50
Nail Art - French	\$25
Nail Art - Chrome	\$10
Nail Art - Simple	\$20
Nail Art - Medium	\$25
Nail Art - Detailed	\$35
Nail Art - Gems / Stones / Glitters	\$20

Please let us know if you need a removal with your gel appointment. Removals add time and will need to be booked separately.

Express Pedi, 25 mins	\$59
Express Pedicure with regular polish	\$65
Express Pedicure with Gel Polish	\$65

SOMA Paradise Pedicure with no Polish	\$115
SOMA Paradise Pedicure with Gel Polish	\$130
SOMA Paradise Pedicure, Gel Polish Removal & Fresh Application	\$145

A little bit of heaven

As well as full nail care & polish, a heel buff, full foot / lower leg exfoliation, massage and mask is included. Ending with your choice of Pure Fiji body lotion scent.

Medi Pedi (no polish) \$129

Cracked, sore heels are banished for good with a pedicure focussed completely on results! This treatment begins with foot exfoliation mask while we care for the nails & cuticles. Feet are soaked in Pure Fiji Bath Soak while we slough off any skin build up. Your treatment is finished with a foot & leg exfoliation & massage using your choice of the luxurious Pure Fiji body lotion.

STEP INTO THE LIGHT

and see a clearer complexion with LED.

Glow up with Multi-award winning Dermalux LED. Safe, effective, clinical. For more information and to see packages available, please see our website or call the Salon.

LED & Dermaplaning	\$170
LED & mask 45 mins,	\$125
LED add on to any treatment 30 mins,	\$68
LED add on to any treatment 20 mins,	\$58

SEMI-PERMANENT COSMETIC TATTOO

Brow Consult - No Charge	
Powder Brow Initial Appointment	\$375
Powder Brow Perfecting Appointment	\$170
Combo Brow Initial Appointment	\$400
Combo Brow Perfecting Appointment	\$180
Lip Blush Tattoo Initial Appointment	\$350
Lip Blush Tattoo Perfecting Appointment	\$175

BROWS & WAXING COMBOS

More waxing available. Please book online or call salon. To book combos please search the name in our booking system.

Eyebrow Tidy	\$35
Beautiful Brows (Wax & Tint)	\$55
Flawless Finish (Brow Wax & Tint, Lash Tint)	\$66
Eyebrow Tint	\$35
Hybrid Tint & Wax Brows	\$80
Brow Wax & Tint plus Lash Lift & Tint (one app)	\$155
Brow Lamination, Wax & Tint	\$120
The Glow Up (Eyebrow wax & tint and lip, chin wax)	\$70

LASHES

Specially created silicone pads lift the lashes from the root only, creating a subtle, natural looking lift, giving the illusion of length, and making the eyes appear more open. A great alternative to lash extensions with less fuss and maintenance

Lash Lift & Tint	\$110
Lash Lift no Tint	\$91
Lash Lift & Tint plus Brow Wax & Tint (one app)	\$155
Lashes, Full Set	\$195
Standard Lash Infill	\$111
Extended Lash Infill	\$140
Lashes Russian Volume Full Set	\$250
Russian Standard Infill	\$121
Russian Extended Infill	\$147
Lash Removal, from	\$60

SPRAY TAN

Choose from Sunescape & Spray Aus, Certified Organic \$55



◦ health & beauty ◦

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www.somahealthandbeauty.com.au